

# Accompanied Spouses Guide



## Goals:

**Network, Network, Network**

**Get involved – Make Friends!**

**Be APART of the experience**

## Welcome to SOS Spouses!

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Develop air and space leaders primed to prevail in competitive environments

# What is SOS?



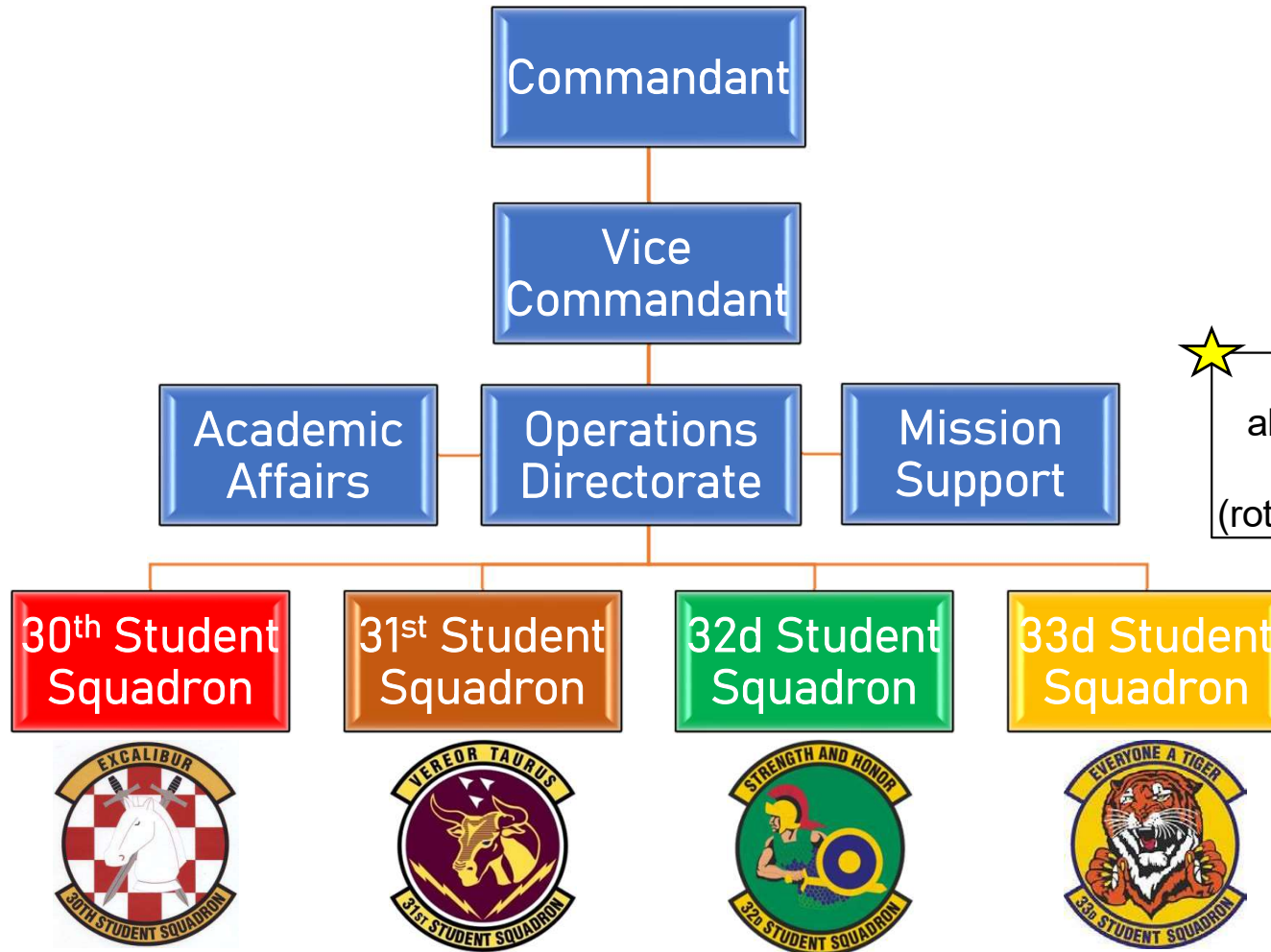
- 5-week immersive leadership and education course for DAF Captains, international officers & DoD civilians
- Mission of SOS: Develop air and space leaders primed to prevail in competitive environments
- The only time in a career where 100% of an officer's peer group attends an in-residence Professional Military Education program



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# SOS Organization Chart



★ 1 Squadron is always designated an "Accompanied Sq" (rotates each SOS class) ★

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# SOS Spouses Legacy



- **Spouses have been an integral part of SOS since 1950**
- **You are welcome to attend Polifka lectures**
  - Inspirational, historical, educational
  - Senior Leaders, Medal of Honor recipients, & more!
  - No small children please (you can watch in a flight room)
- **Feel like a challenge?**
  - Complete the Commandant's Challenge 5K run
- **Want to volunteer?**
  - Ask a Key Spouse via the facebook page!
- **Other base activities and local info**
  - Check out 42FSS website: <https://www.lifeatthemax.us/>
  - Check out Montgomery's Visitor page: [www.montgomeryal.gov](http://www.montgomeryal.gov)
  - Birmingham & Mobile are a short drive away!  
[www.informationbirmingham.com](http://www.informationbirmingham.com) & [www.cityofmobile.org](http://www.cityofmobile.org)



SOS Spouses Social Gathering-1959



SOS Spouses At Field Events-1959

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# What You Need to Do..



- **SPONSOR** should contact Student Services

- SOS can't put you in accompanied squadron (Sq) if we don't know you're coming
- SOS **will not** move your spouse after Day 1 of class
- **NLT 14 days prior** to attending SOS contact Student Services at [sos.od.studentservices@us.af.mil](mailto:sos.od.studentservices@us.af.mil) to request the accompanied squadron.

- **Bringing kids and/or pets?**

- Off-base or FamCamp
  - **Sponsors are required** to reserve their any off-base lodging or childcare accommodations.

- **Rules for lodging with family:**

- No kids? – you **may** get a private billeting suite (if avail)
- Children & pets NOT allowed in SOS dorms
- Contact lodging for complete details and requests
- SOS **cannot** recommend off-base lodging
- You will be reimbursed the cost of gov't quarters
- You pay the difference out of pocket



**University Inn**

(334) 953-3931

**Child Development Center**

(334) 953-6667

**\*\*IMPORTANT NOTICE\*\***

SOS is **NOT** an accompanied TDY. Being in the accompanied SQ is a courtesy SOS extends to our students. Being in the accompanied SQ does **NOT** guarantee childcare or lodging will be available.

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# Big Events



- **Nutshell Night\* – 1<sup>st</sup> week of class!!!**

- Icebreaker with other spouses!
- Meet the Commandant & SQ/CC
- Food & Beverages provided

- **FLEX (Field Leadership Exercise)**

- War planning game... w/ dodge balls
- Support your flight!  
Juice boxes & orange slices always popular hits! (optional)

- **Spouses Project X\***

- Spouses execute Project X
- We promise challenging obstacles & FUN!

- **Commandant's Challenge 5K run**

- **GRADUATION\***

- Bring the Family!!



Spouses Project X - 2022



Nutshell Night - 2022



SOS Graduation-1959

\* = Kid-friendly OR childcare location provided

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# Activities To Do



- **Playgrounds:** Freedom Park, 400 Maxwell Blvd East, Maxwell AFB  
Pirate Park, Fam Camp, 390 March Road, Maxwell AFB  
Kids Splash Pad, Intersection Of Spaatz St and Hodges Ave, Gunter Annex. Free  
Pratt Park, 460 Doster Road, Prattville  
Kids Kingdom at Village Green Park, 3199 Main St, Millbrook  
Gold Star Park, 295 Ready St, Wetumpka  
River Front Park (splash pad only), 355 Commerce St, Montgomery
- **Parks:** Wilderness Bamboo Forest, 800 Upper Kingston Road, Prattville  
Lanark Nature Center/Alabama Wildlife Federation, 2861 Lanark Road, Millbrook  
Jackson Lake Goat Island, Cypress Lane, Millbrook
- **Indoor Activities:** Digital Resource Center (Kids Library), 910 Schumacher Ave, MAFB  
Maxwell Fitness Center Parents Room located in the Annex. 50 Ash St, MAFB  
Rock & Jump Trampoline Park, 5544 Atlanta Highway, Montgomery  
Launch Trampoline Park, 891 Boardroom Drive, Prattville  
Museum of Fine Arts Children's Room, 1 Museum Drive, Montgomery  
Gramma's Attic, Alabama Department of Archives, 624 Washington Ave, Montgomery  
Armory Athletics & Gymnastics, 1018 Madison Ave, Montgomery

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# Activities To Do



- **Indoor Activities:** Gayle Planetarium, 1010 Forest Ave, Montgomery  
Mooseum, 201 South Bainbridge St., Montgomery  
Newtopia, 3731 Malcolm Dr, Montgomery
- **Additional Activities:** Montgomery Zoo, 2301 Coliseum Drive, Montgomery  
Alabama Town, 301 Columbus St, Montgomery  
The Shoppes at East Chase, 7274 East Chase Pkwy, Montgomery
- **Babysitters:** Contact CDC at 334-953-6667. Post a “Sitter Needed” note at the CDC.
- **Thrift Shop:** MGOSC Thrift Shop, 10 Webster Ave, Maxwell AFB | 334-953-6407

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# Seasonal Activities



- **Seasonal Activities:**

- Montgomery Whitewater, 1100 Maxwell Blvd, Montgomery, AL 36104
- Lake Martin Maxwell-Gunter Recreation Area, 350 Air Force Road, Dadeville
- Montgomery Motor Sports Park, 2600 North Belt Drive, Montgomery
- Montgomery Curb Farmers Market, 1004 Madison Ave, Montgomery
- East Chase Farmers Market, 7274 Eastchase Parkway, Montgomery
- Sweet Creek Farm Market, 85 Meriwether Road, Pike Road
- Sugar Hill Farm (strawberry picking), 3358 County Road 59, Verbena
- Peach Park, 2300 South 7<sup>th</sup> Street, Clanton
- Barber Berry Farm (blueberry picking), 2362 Alabama River Parkway, Millbrook
- Penton Farms (pumpkin patch), 3595 County Road 59, Verbena
- Dream Field Farms (pumpkin patch), 6376 US-82, Fitzpatrick
- Cornfield County Farms (pumpkin patch), 214 South Redland Road, Wetumpka
- Oakview Farms, 164 Dewberry Trail, Wetumpka



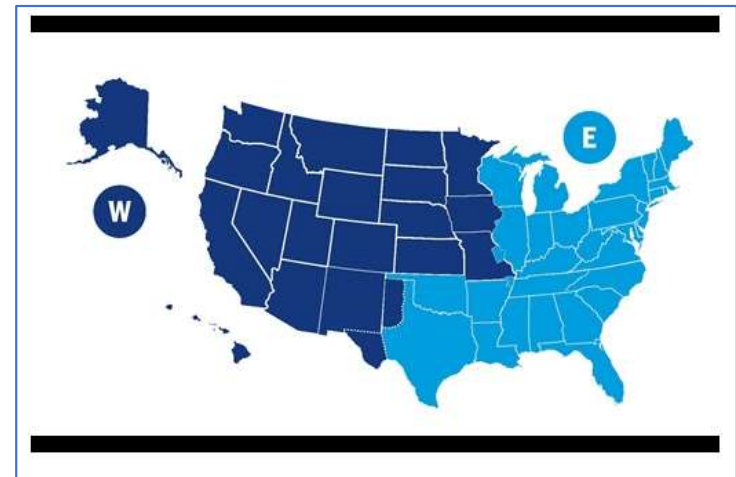
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# Medical Care



- If TDY or PCS/Enroute from outside the TRICARE EAST region, not eligible for care at Maxwell Clinic
- **Emergency Care** (Life, Limb, Eyesight) is always covered
  - Go to nearest Emergency Room
- **Urgent Care (downtown)** is the best short term option
  - # of visits now unlimited
  - Prior-PCM authorization for care NOT required
- **TRICARE EAST**
  - 1-800-444-5445
- **Nurse Advice Line**
  - 1-800-TRICARE (874-2273), Option 1
  - 24/7 Coverage



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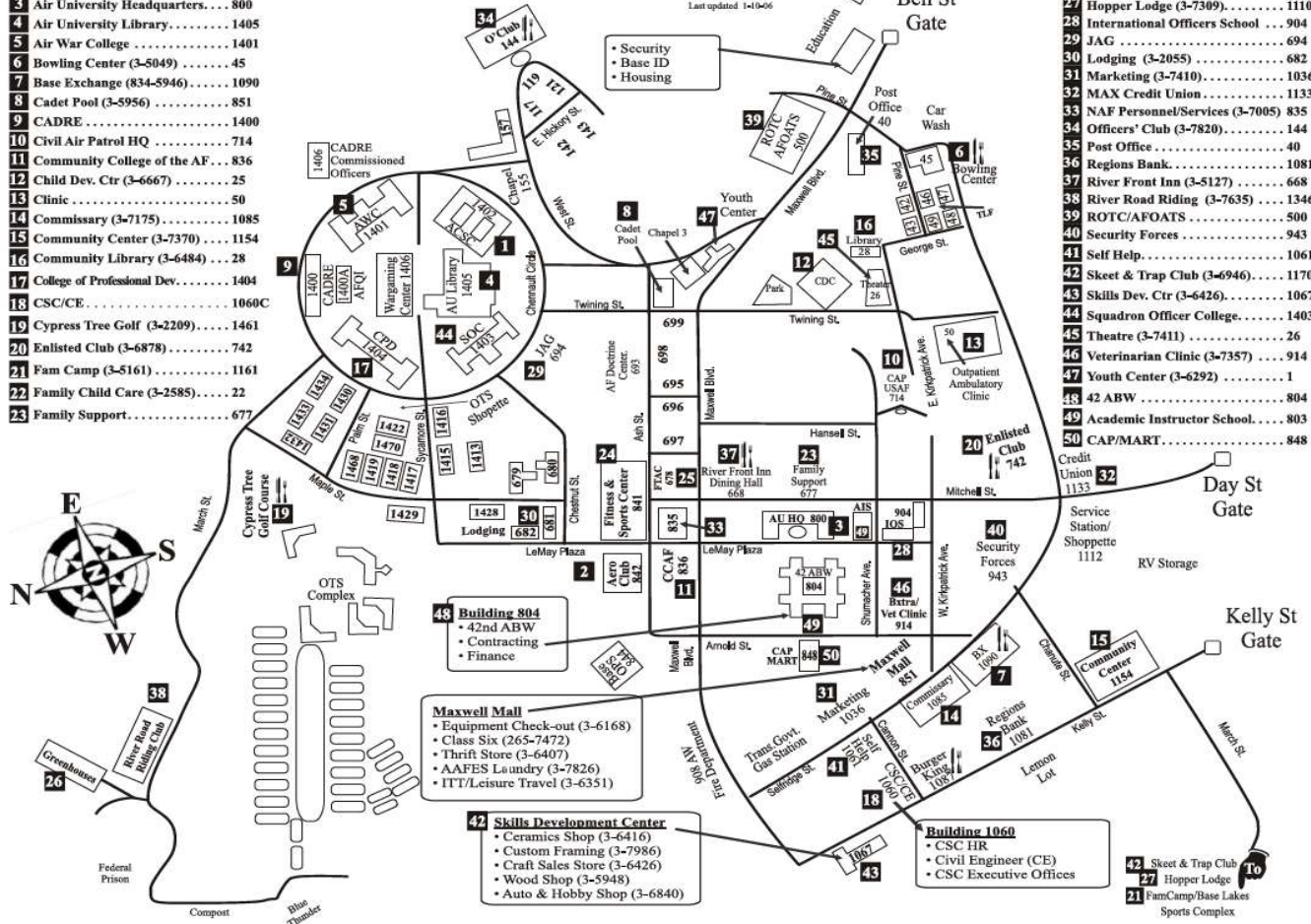
# Maxwell AFB Base Map



- 1 Air Command & Staff College ... 1402
- 2 Aero Club (3-7342)..... 842
- 3 Air University Headquarters..... 800
- 4 Air University Library..... 1405
- 5 Air War College ..... 1401
- 6 Bowling Center (3-5049) ..... 45
- 7 Base Exchange (834-5946)..... 1090
- 8 Cadet Pool (3-5956) ..... 851
- 9 CADRE ..... 1400
- 10 Civil Air Patrol HQ ..... 714
- 11 Community College of the AF... 836
- 12 Child Dev. Ctr (3-6667) ..... 25
- 13 Clinic ..... 50
- 14 Commissary (3-7175)..... 1085
- 15 Community Center (3-7370) ..... 1154
- 16 Community Library (3-6484) ..... 28
- 17 College of Professional Dev..... 1404
- 18 CSC/CE ..... 1060C
- 19 Cypress Tree Golf (3-2209)..... 1461
- 20 Enlisted Club (3-6878) ..... 742
- 21 Fam Camp (3-5161) ..... 1161
- 22 Family Child Care (3-2585)..... 22
- 23 Family Support..... 677

## Maxwell AFB-Services

Last updated: 1-10-06



- 24 Fitness & Sports Ctr (3-5953) ... 841
- 25 FTAC ..... 678
- 26 Greenhouses (3-8986) ..... 1305
- 27 Hopper Lodge (3-7309)..... 1110
- 28 International Officers School ... 904
- 29 JAG ..... 694
- 30 Lodging (3-2055) ..... 682
- 31 Marketing (3-7410) ..... 1036
- 32 MAX Credit Union ..... 1133
- 33 NAF Personnel/Services (3-7005) 835
- 34 Officers' Club (3-7820)..... 144
- 35 Post Office ..... 40
- 36 Regions Bank ..... 1081
- 37 River Front Inn (3-5127) ..... 668
- 38 River Road Riding (3-7635) ... 1346
- 39 ROTC/AFOATS ..... 500
- 40 Security Forces ..... 943
- 41 Self Help..... 1061
- 42 Skeet & Trap Club (3-6946)..... 1170
- 43 Skills Dev. Ctr (3-6426)..... 1067
- 44 Squadron Officer College..... 1403
- 45 Theatre (3-7411) ..... 26
- 46 Veterinarian Clinic (3-7357) ... 914
- 47 Youth Center (3-6292) ..... 1
- 48 42 ABW ..... 804
- 49 Academic Instructor School..... 803
- 50 CAP/MART..... 848



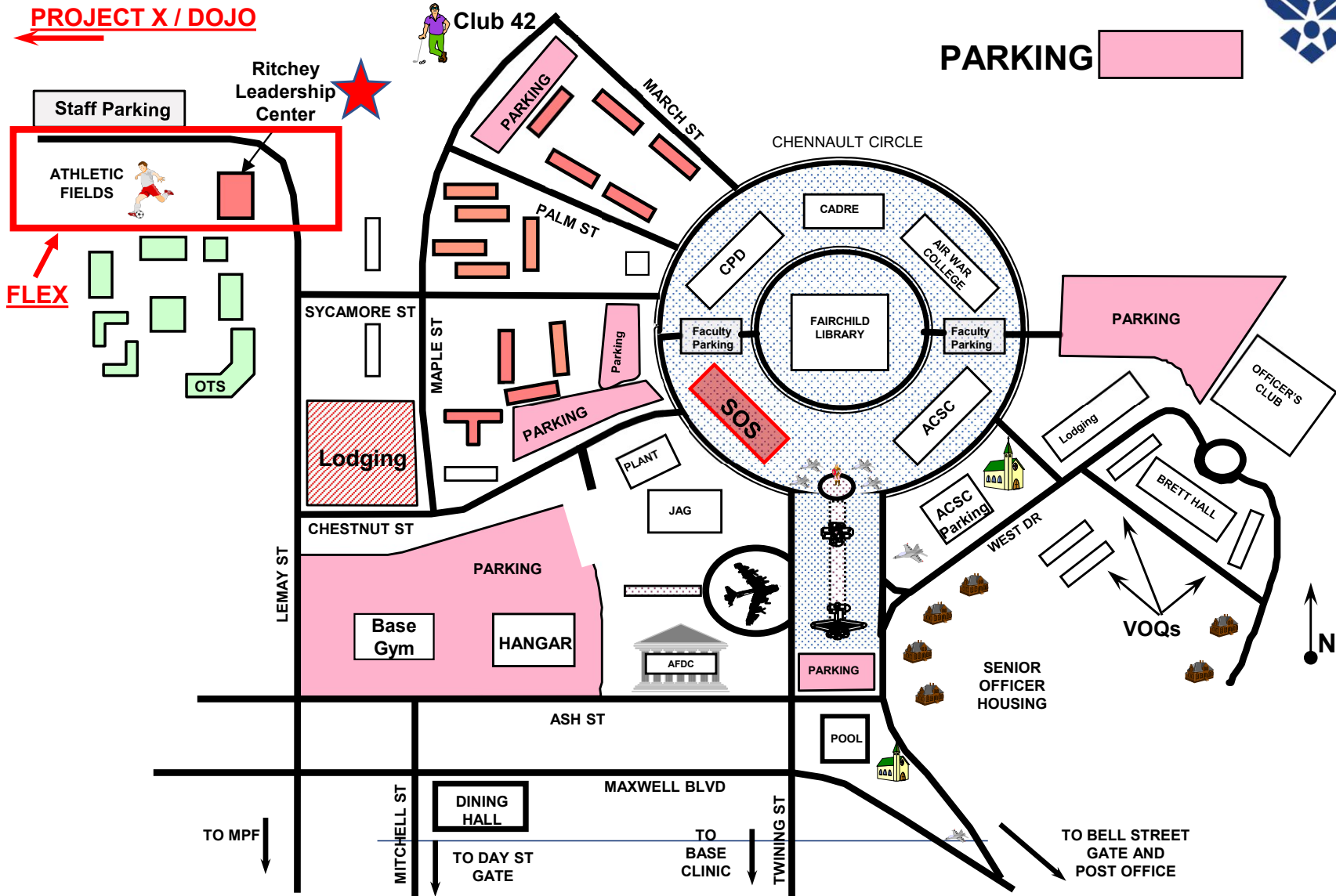
**ONE Click Away!**

Up-To-Date information regarding Services events, calendars, special events and much more!

42nd Services Division web site  
[www.services.maxwell.af.mil](http://www.services.maxwell.af.mil)

Services Hotline  
 953-5461

# Academic Circle Map



# Evacuation Assembly Areas Outdoors



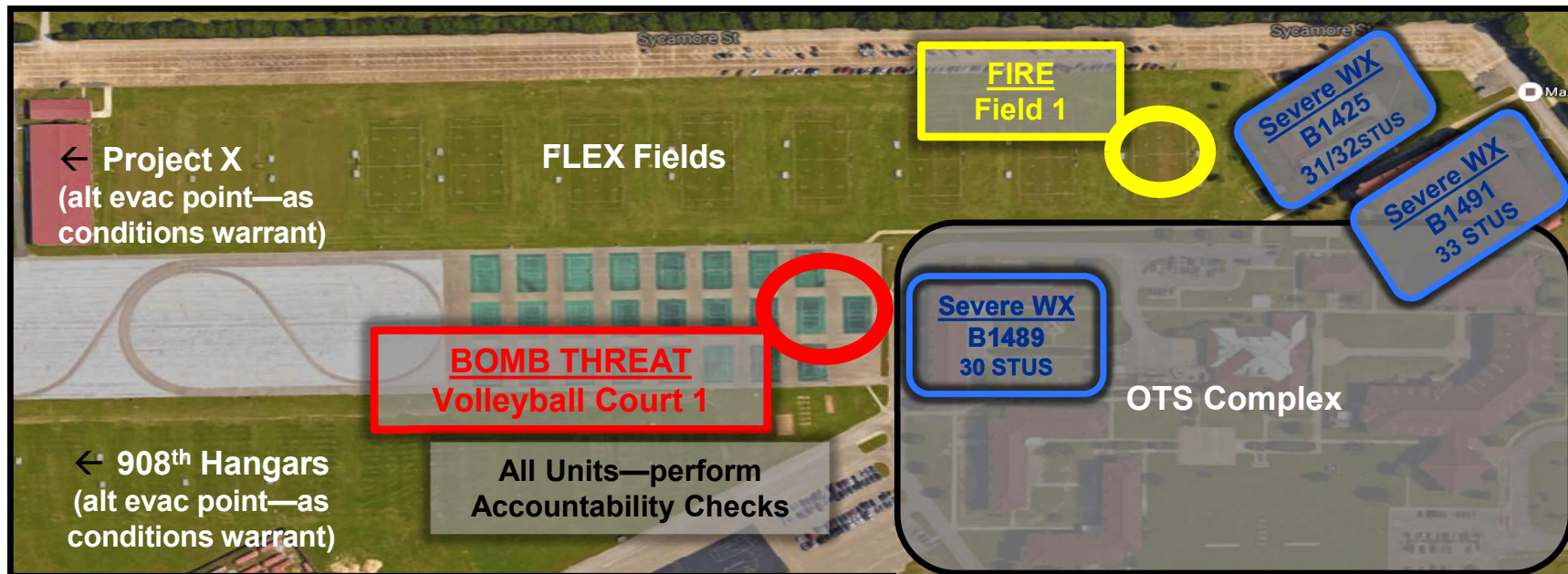
## Active Shooter – RC radios SQ/CCs

### If shooter is.....

- Near—take cover wherever able
- Not in vicinity—go to SOS dorms
- Location unknown—go to SOS dorms

## Shelter-In-Place (SIP) – RC radios SQ/CCs

- Near—move crosswind/upwind of threat
- Not in vicinity—recover to **Polifka**



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# Incident Plan – Indoors



- **Active Shooter – “Lockdown” (x3) or AtHoc**

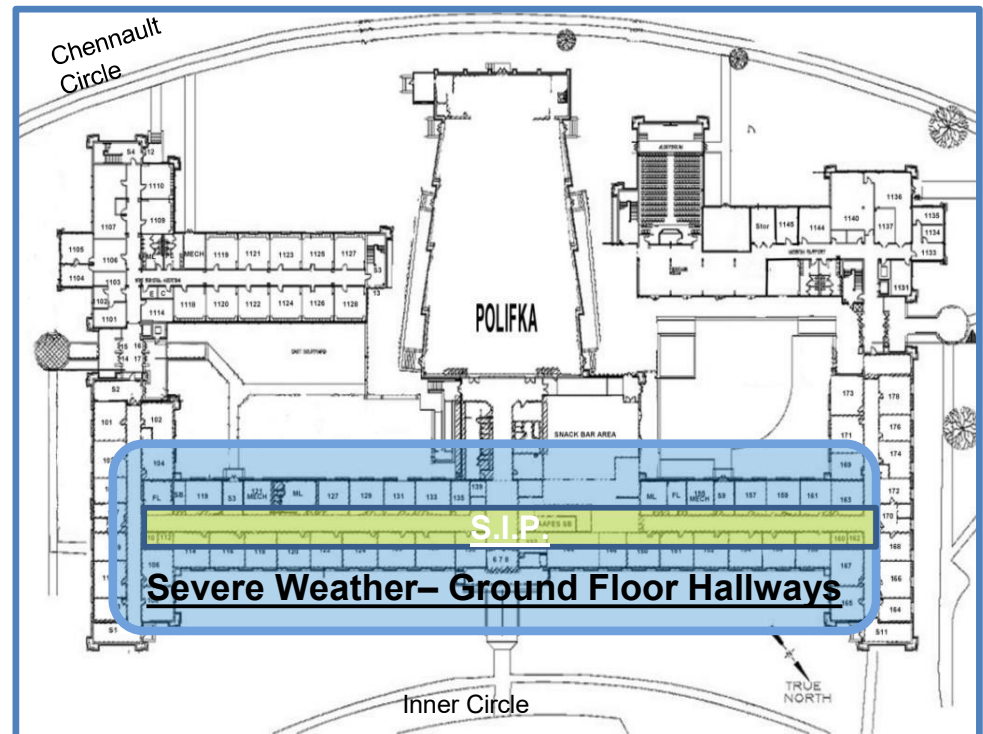
- Move to secure location
  - Secure door, limit noise/movement, lights off, close blinds
- **DON'T** pull fire alarm
- **DON'T** use phones unless you hear gunfire
- Get accountability
- Wait until “All Clear” given

- **Shelter-In-Place (S.I.P.)**

- Your squadron **Hallway**
- Cover vents & doors w/ plastic & duct tape
- Place wet towels on door thresholds
- Perform accountability checks

- **Severe Weather**

- **Ground Floor Hallways**



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# Maxwell AFB

## Phone Numbers of Interest



- Airman & Family Readiness Center: 334-953-2353  
Auto Shop: 334-953-6840  
Child Development Center: 334-953-6667  
Digital Resource Center, mini kids library & free computers: 334-953-6484
- Education: 334-953-5959
- Fam Camp, including canoe & kayak rental: 334-953-5161  
Family Child Care (CDC): 334-953-2585  
Fitness & Sports Center: 334-953-5953  
Information, Tickets & Tours (ITT): 334-953-6351  
Lodging Office: 334-953-2055  
Maxwell Club: 334-953-7820
- MPS: 334-953-6487
- Outdoor Recreation & Equipment Checkout: 334-953-6144  
Pool, outdoor seasonal: 334-953-5956  
Range 42: 334-953-2209
- River Front Inn, dining facility, must be accompanied by AD member: 334-953-5127  
Youth Center Programs: 334-953-6292
- Military One Source Non-Medical Counseling: 1-800-342-9647

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Please Follow us on



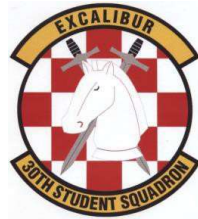
# “Squadron Officer School”

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